



National CSFP Association

Commodity Supplemental Food Program

Hunger and the Elderly

According to The National Council on Aging, hunger has a serious impact on our seniors, including:

- Increased risk of stroke.
- Increased problems from pre-existing health conditions.
- Limits the efficacy of many prescription drugs.
- May affect brain chemistry resulting in increased incidence of depression and isolation.



CSFP and the Elderly

CSFP helps seniors (especially the most vulnerable, at-risk seniors) to receive the proper nutrition they need, promoting health, treating chronic disease, decreasing the length of hospital stays, and saving countless health care dollars.

CSFP Fact

There were 605,066 CSFP participants in November, 2011, including 585,440 elderly. Average total participation for FY2012: 604,033 (as of 11/11).

2012 FARM BILL REAUTHORIZATION RECOMMENDATIONS

RECOMMENDATION	DESCRIPTION
Reauthorize CSFP	The Agriculture and Consumer Protection Act of 1973 reauthorizes programs every five-years. For the 2012 reauthorization process, it is critical that CSFP is reauthorized from fiscal year 2013 through 2017.
Extension of Cheese and Nonfat Dry Milk Provision	Maintain provision from the previous farm bill to continue providing these important, basic food items.
Reauthorize CSFP as an Elderly-Only Program	Did you know that the elderly make up 97% of CSFP participation? And that this percentage is currently trending upwards? Benefits of CSFP becoming an elderly-only program: <ul style="list-style-type: none"> • CSFP becomes streamlined and more efficient. • Ensures low-income, at-risk seniors will continue to receive a nutritionally-balanced and cost-effective monthly food package. • Ensures that increasing demand on the program from the most at-risk elderly will be met.
Restore Maximum Income Limit For All Participants	Restore the maximum income limits for all participants as originally set when seniors became eligible in 1983 to ensure those most at-risk have access to the program.

Mae, who is now 64 years old, lost her savings due to breast cancer. She is living on less than \$20 a month for food – forcing her to continue using credit cards in order to eat. When asked how she would be able to get by without CSFP, she says, "I don't think that I could."

Thank You CSFP...for making a difference!

